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# DOINGS AT THE LODGE

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## Dunmunkle Lodge Newsletter

March 2024

### RESIDENT BIRTHDAYS

Jessica Decker celebrated her birthday on the 4th of March with a visit from her daughter Heather. Residents gathered in the Sunroom to sing 'Happy Birthday' followed by afternoon tea complete with cake. Wishing you many happy returns Jess!



“The longer I live the more beautiful life becomes.”

*- Frank Lloyd Wright*

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## LODGE TAKES ON NEW UNITS

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Yarriambiack Shire has collaborated with Dunmunkle Lodge to manage two new housing units in Cromie Street, Murtoa. Dunmunkle Lodge have entered into a 50-year lease agreement with the Shire, with the official handover to Dunmunkle Lodge held on February 20<sup>th</sup>, attended by Mayor Kylie Zanker, Council and Lodge staff, and new tenants. Mayor Zanker said that the units were “the realization of the Council’s vision to offer alternative housing options for our older residents and to provide downsizing opportunities into smaller, energy-efficient houses that require less maintenance, catering specifically to the needs of the aging population”. Dunmunkle Lodge CEO Peter Ballagh also highlighted that this partnership is a “commendable initiative that values enabling residents to stay longer in their communities” and that “the collaboration also opens up opportunities for residents to access additional services such as home and gardening maintenance services”.



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## LOOKING & FEELING FABULOUS!

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TJ Kerrins has been visiting weekly to provide hairdressing services to our residents. It's wonderful to see the smiles on their faces as they receive a little pampering and beautiful results. Left: TJ is pictured applying curlers to Joyce Clarke's hair, and to the right is an 'after' photo of the stunning results. Also looking gorgeous are Evelyn Cornell (left) and Dot Whelan (right).



We'd like to take this opportunity to sincerely thank TJ for taking the time to come to the Lodge, it's much appreciated!



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## PHOTO GALLERY

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Gordon & Wilhelmina Dutschke with their very spoiled pooch Tinkerbelle. Tinkerbelle is 16 years old, she enjoys going for walks and eating Schmackos.



Stuart White is busy in the kitchen cooking pancakes to perfection... they always smell and taste SO good!

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## SAINT PATRICK'S DAY

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On Sunday the 17<sup>th</sup> of March Evelyn Cornell, Jo Dixon (PCA) and Evelyn Howard, along with other staff members and residents, dressed up in green to celebrate Saint Patrick's Day. Themed activities included a Google Earth session exploring the Emerald Isle followed by discussion about Irish folklore. Just for fun, the kitchen staff also prepared green jelly, cake and cordial. Below right are Sue Crosbie and Evelyn Cornell looking the part.



“WHEREVER YOU GO AND WHATEVER YOU DO,  
MAY THE LUCK OF THE IRISH BE THERE WITH YOU.”

- Irish blessing



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## EMPLOYEE OF THE MONTH

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### **Congratulations**

to our March 'Employee of the Month'

**Matthew Stanislavskis**

**(Kitchen Assistant / Lifestyle Assistant)**

Matthew is our deserving recipient of the award this month due to his proven ability to work across departments, his approachable, friendly and helpful demeanor, and his genuine interest in our residents and their well-being. We are fortunate to have had Matthew working with us since January 2023.

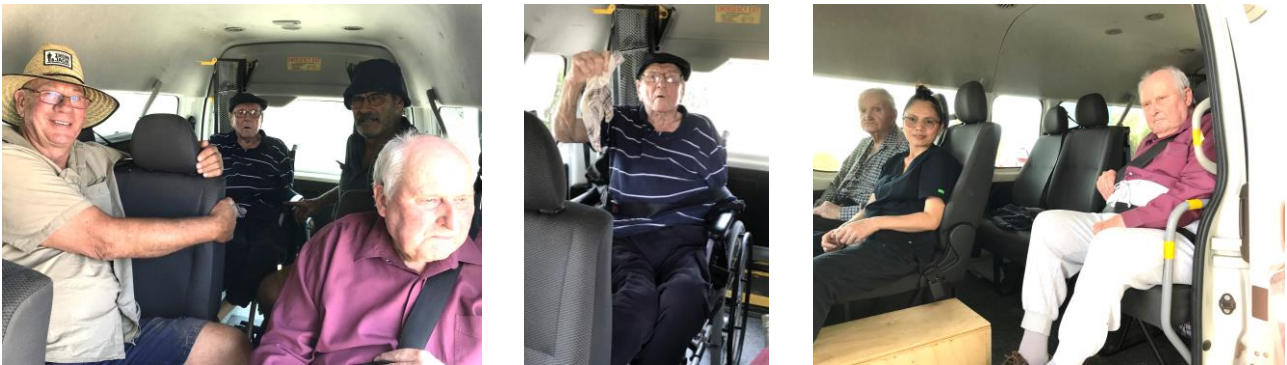


# LIFESTYLE ACTIVITIES

Below Pauline Harper, Evelyn Cornell, Sue Crosbie, Pat Young, Suzanne Officer, Evelyn Howard and Betty Sanders play ball games. Individual photos are of Evelyn H, Betty, and Sue with Pat.



Our resident farmers Tom Wood, Stuart White and Brian Raggatt enjoyed a bus trip to check out Habel’s farm, followed by a visit to Tom’s farm. They were accompanied by Alan and Peter Habel, OC Johnson (Personal Care Attendant), and Katie Ramsdale (Leisure & Lifestyle staff).



# WORD SEARCH – FITNESS

D A E X E R C I S E C A T  
R G N I G G O J L N R G R  
A G N I L C Y C L D A I A  
T S P N M Y E D E U M L E  
O I E S O A O O B R P I H  
E M U H C I T G R A U T T  
L E T S C I T S A N M Y G  
D O O F K T T S B C R T N  
R E W O P C E E U E A E E  
Y G R E N E A R L A W I R  
E G N I N I A R T H H D T  
R H C T A W P O T S T X S  
B E N D S C I B O R E A E



## WORD LIST

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|------------|------------|
| AEROBICS   | GYMNASTICS |
| AGILITY    | HEART      |
| ATHLETICS  | JOGGING    |
| BARBELLS   | LEOTARD    |
| BENDS      | POWER      |
| CRAMP      | STAMINA    |
| CYCLING    | STOPWATCH  |
| DIET       | STRENGTH   |
| ENDURANCE  | STRETCHES  |
| ENERGY     | TRACKSUIT  |
| EXERCISE   | TRAINING   |
| EXHAUSTION | WARM UP    |
| FOOD       | YOGA       |